## Important Health and Medication information for the 2024 IN Wing Encampment.

- All medications (prescription, non-prescription, vitamins, herbals, and supplements) are to be brought in their original containers in which the medication was dispensed or packaged. (See CAPR 160-1(I)4-4). These will be secured by Encampment Health Services. Only bring the amount of medication needed for encampment. (For example, do not send a 30-day supply of medications with the cadet for 7 days of encampment.)
- All medications (prescription, non-prescription, vitamins, herbals, and supplements) are to be clearly labelled with Cadet's name and CAPID.
- Cadets may not share any medications with other cadets. All medications will be secured and stored by Encampment Health Services. The only exceptions are life-saving medications such as emergency inhalers and Epi-pens.
- Any non-prescription, vitamins, herbals, and supplements you want your cadet to take during encampment must be listed on the medication section of CAPF-160 (CAP Member Health History Form) in the medication section and will be turned into Health Services. (For example, nightly Melatonin needs to be listed on CAPF-160 and sent with the cadet in the original bottle with their name and CAP ID number.)
- Cadets must be able to administer and take their own medications. If a cadet cannot take their own medications, they should wait till a later date to attend encampment. If a cadet refuses to take prescribed medication, they may be sent home. Encampment is not the time to stop or change any prescription medications.
- Basic over-the-counter medications such as those listed on CAPF-163 will be available and may be administered if needed to the cadet by encampment Health Services if the parent has signed permission for this to be done.